

Public Health England



Berkshire Healthcare NHS Foundation Trust

# **Meningitis ACWY**



# 3-in-1

# (Tetanus/Diphtheria/Polio)

# Vaccination

# **Parent/Carer Pack**

# 2019/20

Dear Parent/ Carer

#### Re: Meningitis ACWY & 3-in-1 Teenage Booster Vaccination for Year 9 Students

This spring term the Berkshire School Aged Immunisation Team will be returning to your school to offer year 9 students the 3-in-1 (tetanus/diphtheria/polio) vaccine alongside the Meningitis ACWY vaccine. These vaccines protect young people against serious and potentially life threatening diseases:

- **Tetanus is a serious disease which affects the** central nervous system that is caused by bacteria found in soil. The disease is spread through open cuts and wounds.
- Diphtheria is a highly contagious and potentially fatal bacterial infection that can affect the nose and throat, and sometimes the skin.
- Polio is a serious viral infection that used to be common in the UK and worldwide. It's rare nowadays because it can be prevented with vaccination.
- **Meningococcal bacteria** (MenA, MenC, MenW and MenY that cause meningitis and blood poisoning (septicaemia) which can be deadly.

The immunisation team will be offering these vaccinations in the spring term, between January and March therefore we have to timetable each school based upon the size, location and number of students. It is important that we work with you to agree timings for the day and appropriate space to deliver the vaccination in advance of the session to ensure that all eligible students are vaccinated.

There is further information produced by NHS Choices available via:

https://www.nhs.uk/conditions/vaccinations/men-acwy-vaccine

https://www.nhs.uk/conditions/vaccinations/3-in-1-teenage-booster

The vaccination is free. Consent forms and additional information will be issued via schools after October half term.

Should you have any problems or queries please do not hesitate to contact the immunisation team for your locality found within the contacts page.

Yours sincerely

Charlotte Church

Immunisation Service Lead

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### Your Child's Personal Information

Immunisation is one of the most successful and cost effective health protection interventions and is a cornerstone of public health. High immunisation rates are key to preventing the spread of infectious disease, complications and possible early death among individuals and protecting the population's health through both individual and herd immunity. Due to the significant impact of immunisations on school aged children and the wider population it is really important that the immunisation team can access and share patient identifiable information (on eligible children) securely. Without this information we would not be able to fully monitor/ report and offer vaccination to all eligible cohorts which could lead to poor public health outcomes.

When you and your child use our services, we'll ask for and record your child's personal and health information to help us treat your child now and in the future. We may share your child's information with other organisations to assist with giving your child the best care possible, only information that is required and appropriate to support your child's care and treatment will be provided. To find out more about how we use your child's information please visit the Berkshire Healthcare website to see our Privacy Notice: https://www.berkshirehealthcare.nhs.uk/protecting-your-data-privacy-notice/

During the autumn term you will receive a consent form for your child to receive their Men ACWY & 3-in-1 vaccinations. The information collected within the consent form will be shared with your child's GP following vaccination so that their health records can be updated accordingly. The consent form will then be stored and archived securely by Berkshire Healthcare Foundation Trust following their Record Keeping Policy.

If you do not want your child to receive the Men ACWY or 3-in-1 vaccinations we would still like you to complete their consent form to indicate this so that we can accurately report numbers of students back to NHS England.

For further queries please contact BHFT's data protection officer via the details below: Email: <u>information.governance@berkshire.nhs.uk</u> Telephone number: 01344 415600

### Parent Checklist for Men ACWY & 3in-1 Vaccinations

		√ when
		completed
<u></u>	Complete consent form (provided in the autumn term)	
North Contraction of the second secon	The person with parental responsibility for the child must complete the consent form.	
	<ul> <li>SELF CONSENT: What if my son/daughter wants the vaccination, but, as their parents we would rather they didn't have it? If your child wishes to have the vaccine the Nurse will assess their competence to self-consent before making the decision whether or not to administer the vaccine and the decision is legally theirs to make. You should discuss this with your school immunisation team to get further information and advice. Further information on consent can be found at: www.gov.uk/government/uploads/system/uploads/attachment_d ata/file/138296/dh 103653 1 .pdf</li> <li>Please complete in black or blue ink (not pencil)</li> <li>If you do not consent to this vaccine please still complete the consent form so we can record this outcome and not</li> </ul>	
	further chase your child for this vaccine.	
	Contact the Immunisation team if you have any medical queries and ensure that any medical conditions, including severe allergies are documented on the consent form.	
	Return a signed consent form to school as soon as possible after receiving it	
	<ul> <li><u>On the day of immunisation</u>, please let the immunisation team know if your child:</li> <li>Suffering from acute severe febrile illness</li> <li>Any change to relevant medical conditions</li> </ul>	
	Following vaccination your child (if vaccinated) will have a vaccine record card with details on their vaccinations; including date and time they received it. Please ensure that this is kept safely.	

## What to expect on the day of your child's vaccination session

	Consent forms will be issued in advance of the immunisation session. These need to be completed, signed and returned to school as soon as possible so that we can start planning for how many students require vaccination.
	The immunisation team will aim to arrive at your child's school for <b>9am</b> to set up the session. This will include preparing tables, sorting out equipment and checking vaccines and emergency medication. Some nurses may arrive earlier to allow time to be able to check through all of the returned consent forms – this process includes dealing with any medical queries, removing any non-consent and determining numbers for vaccinating.
START	The team aim to start vaccinating at <b>9:30am</b> and will vaccinate children, usually in class/tutor groups throughout the day.
	<ul> <li>Following vaccination all children will be issued a vaccine record card to take home. This card is a record of the vaccine they received and provides information on the specific details of the vaccine and possible side effects.</li> <li>If your child is unwell on the day of the session we will record this on their record card and invite you to make a community clinic appointment as soon as possible (you will receive notification of how to do this).</li> <li>As a service we sign and complete all consent forms for children who have been vaccinated and then notify Child Health who will inform</li> </ul>
	<ul> <li>their GP surgery that they have been vaccinated so that their health records can be updated.</li> <li>Any absent children who have returned (signed) consent forms requesting the vaccine will be sent recall letters inviting them to a community clinic.</li> <li><u>Please note</u> if you do not return a consent form for your child you will receive a letter/call to book into a community catch up clinic.</li> </ul>

### Preparing Your Child For Their Men ACWY & 3in-1 Vaccinations

With the exception of students whose parents/carers previously declined the vaccination most children who consent to the 3-in1 vaccination would have received this vaccine previously when they were younger.

#### 3-in-1 vaccination – how many booster do I need?

Students will need a total of **five** doses of **tetanus**, **diphtheria** and **polio** vaccines to build up and keep their immunity. Students should have had:

- the first three doses as a baby
- the fourth dose when you were between three and five years old, before you started school, and <u>4-in-1 (DTaP/IPV) pre-school booster</u>
- the fifth dose is due in year 9 (aged 14)

Having **FIVE** doses of tetanus should be enough to give the student long-term protection from tetanus. However, if the student is not sure how many doses they've received, they may need a booster dose after an injury that breaks the skin.

<u>If I was immunised against tetanus, diphtheria, polio infection as a child, am I still protected?</u> You may still have some protection, but you need these boosters to complete your routine immunisations and give you longer-term protection.

**MenACWY vaccination** – students only require one vaccination. Students eligible for the MenACWY vaccine should have it, even if they've previously had the MenC vaccine.

#### **Frequently Asked Questions**

https://www.nhs.uk/conditions/vaccinations/3-in-1-booster-questions-answers

https://www.meningitisnow.org/meningitis-explained/what-is-meningitis/types-andcauses/meningococcal-disease/faqs-meningococcal-acwy-vaccine/

#### Side Effects

https://www.nhs.uk/conditions/vaccinations/3-in-1-booster-side-effects

Like all vaccines, the MenACWY vaccine can cause side effects, but they are generally mild and soon settle down. The most common side effects seen in teenagers and young people are redness, hardening and itching at the injection site, fever, headache, nausea and fatigue. These symptoms should last no more than 24 hours. Sometimes, a small, painless lump develops, but this usually disappears in a few weeks.

### **Additional Information**

- https://www.nhs.uk/conditions/meningitis
- https://www.nhs.uk/conditions/meningitis/causes
- https://www.nhs.uk/conditions/meningitis/treatment
- https://www.nhs.uk/conditions/sepsis/
- https://www.nhs.uk/conditions/vaccinations/vaccine-ingredients

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/5439 50/PHE\_9909\_MenW\_leaflet.pdf

#### **Contact Details For The School Aged Immunisation Team**

#### **Berkshire West Team**

Including schools based within Reading, Wokingham and West Berkshire

#### Contact Number:

For general medical queries: 0118 9207547

For community appointment bookings: 01189207575

#### **Berkshire East Team**

Including schools based within Bracknell, Windsor, Ascot, Maidenhead and Slough

Contact Number (for all queries): 01753 636759

#### **Generic Email:**

schoolimmunisationteam@berkshire.nhs.uk

#### Website:

https://cypf.berkshirehealthcare.nhs.uk/our-services/public-health-nursing-health-visiting-school-nursingimmunisation/immunisation-team/