



**WOKINGHAM
BOROUGH COUNCIL**

ASSIST are pleased to offer the following autism specific workshops to parents, carers, practitioners and those with an interest in autism.

For information about any of the following workshops, or to book a place, please contact:

ASSISTworkshops@wokingham.gov.uk
01189 088053

ASSIST Children's Services, Wokingham Borough Council
The Woodley Airfield Centre, Hurricane Way, Woodley RG54UX
(A member of the ASSIST team will respond)

The workshops appear in date order up to June 2020 & will be repeated Sept to Dec 2020

Cost of each workshop, per person:

If you live in the Wokingham Borough (subsidised rate) -

Parent, carer	£10.00
Others	£35.00

If you live outside of the Wokingham Borough -

Parent, carer	£15.00
Others	£50.00

★ Postcode will be asked for at time of booking

Autism aware – it is important that you have a basic understanding and knowledge of autism either through your own experience or because you have attended an autism awareness workshop before doing a level 2 workshop.

'What is autism' is covered in depth on the autism awareness workshop only



Champions for an autism perspective

Autism Awareness – level 1

Thursday 13th February, 2020

9.45am start, workshop concludes at 1pm

(Registration opens 9.30am)

Large hall, The Woodley Airfield Centre, Hurricane Way, Woodley RG5 4UX

(free parking, refreshments available)

An opportunity to understand the myths and facts around autism – the ‘hidden’ disability including language, social interaction, sensory issues, anxieties; the way many people with autism make sense of the world around them and strategies and tools that may help and support.

Understanding the impact of sensory needs – level 2

Tuesday 10th March, 2020

9.45am start, workshop concludes at 1pm

(Registration opens 9.30am)

Large hall, The Woodley Airfield Centre, Hurricane Way, Woodley RG5 4UX

(free parking, refreshments available)

An opportunity to gain an understanding of how we process information via the senses, how this differs for some people, the difficulties it can present and the strategies and interventions that can be used to support.

‘It really got me thinking’

‘Fantastic workshop helping me really understand the possible perceptions of an autistic person’

‘I’ve learnt more in 3 hours than in the last 6 months’

Supporting people with autism to understand and self-manage emotions & feelings (including anger) – level 2

Tuesday 24th March, 2020

9.45am start, workshop concludes at 1pm

(Registration opens 9.30am)

Large hall, The Woodley Airfield Centre, Hurricane Way, Woodley RG5 4UX

(free parking, refreshments available)

Build a deeper understanding of autism and consider how autistic people can be supported to promote positive behaviours, their understanding of their own and others emotions (feelings), including anger, and so support them to develop their own self-management strategies.

Supporting Siblings – level 2

Tuesday 31st March, 2020

9.45 start, workshop concludes at 1pm

(Registration opens 9.30am)

Large hall, The Woodley Airfield Centre, Hurricane Way, Woodley RG5 4UX

(free parking, refreshments available)

An opportunity to explore the impact on siblings of having an autistic brother or sister. We discuss the difficulties that this can bring as well as the benefits. Included within the workshop are lots of practical strategies and ideas that may be helpful in supporting siblings to understand autism, cope with their experiences and feel valued for who they are.

EVENING WORKSHOP!

How you can support people with autism to understand and self-manage emotions & feelings (including anger) – level 2

Thursday 30th April, 2020

6.30pm start, workshop concludes 9.15pm

Large hall, The Woodley Airfield Centre, Hurricane Way, Woodley RG5 4UX

(Free parking and refreshments available)

Build a deeper understanding of autism and consider how autistic people can be supported to promote positive behaviours, their understanding of their own and others emotions (feelings), including anger, and so support them to develop their own self-management strategies.

'This has been the BEST training I have attended, and definitely the best autism training, I really enjoyed the session!'

Understanding and writing social/visual scripts to an advanced stage - level 2

(previously titled how to write a social story™)

Tuesday 12th May, 2020

9.45am start, workshop concludes at 1pm

(Registration opens 9.30am)

Large hall, The Woodley Airfield Centre, Hurricane Way, Woodley RG5 4UX

(free parking, refreshments available)

Raising awareness of the role of the social/visual script as a strategy in supporting individuals to understand and function in the social world around them. Looking at a range of stories which have helped support development and improved understanding of social events and expectations in a given situation which may lead to more effective social responses. You will have the opportunity to write a story to describe a social situation, skill or concept in a specifically defined style and format for an individual of any age, and then go on to build and practice these skills.

Please bring any social stories that you have written

Drawing whilst talking – level 2

Tuesday 9th June, 2020

9.45am start, workshop concludes at 12.45pm

(Registration open 9.30am)

Large hall, The Woodley Airfield Centre, Hurricane Way, Woodley RG5 4UX

(free parking, refreshments available)

How to use drawing as an intervention whilst having a conversation. Enabling the exploration and enhancement of conversational skills, social understanding and perspective of others – seeing it from their point of view.

'I didn't want to do Friday afternoon training this was so interesting and insightful – the best training I have ever had on autism, I am now really motivated and inspired.'

A positive, systematic approach to finding solutions – autism focused, level 2

Thursday 18th June, 2020

9.45am start, workshop concludes at 12.30pm

(Registration open 9.30am)

Large hall, The Woodley Airfield Centre, Hurricane Way, Woodley RG5 4UX

(free parking, refreshments available)

An opportunity to develop new skills in finding solutions; responding in a more creative manner towards difficulties and gaining confidence in a team approach to addressing difficulties in your setting.

There is an expectation that candidates have knowledge of autism, and they will be expected to work in small groups to discuss issues experienced by children which are preventing them from moving on. Therefore it is necessary to bring a difficulty or challenge of this nature from your setting.

Autism specific workshop on sexual development and puberty – level 2

Thursday 25th June, 2020

9.45am start, workshop concludes at 1pm

(Registration open 9.30am)

Large hall, The Woodley Airfield Centre, Hurricane Way, Woodley RG5 4UX

(free parking, refreshments available)

An opportunity to discuss and develop an understanding of the physical and emotional changes at puberty. How to prepare and support autistic individuals to manage these changes. Exploration of the concept 'public, private and personal safety'.

Participants must understand that there will be discussion and visual materials that are of an explicit nature relevant to the subject

