

Emmbrook Tirabad Sports Tour 27th September-4th October 2019



Dear Parents/Guardians,

Excitement will be reaching fever pitch in your homes I am sure! Departure for the **Sports Tour departing 27th September returning 4th October**

Please can you ensure that the blue medical forms are completed and returned to me as soon as possible as well as balance payment where necessary – you will not be permitted to go if the full balance has not been fulfilled.

Below are a few notes:

- Medical Forms** If you have not already done so, please complete medical form and submit to Mr Kalatzis. I would ask that you are as detailed as you can on these documents. Any relevant information even if not backed by medical proof (such as travel sickness) is useful. Please can you ensure that any medication is packed in their bags ready for the week including any inhalers.
- Clothing** Please make sure that you have appropriate shoes (including some for indoor use). Please can the ladies restrain from bringing leggings for activities.
- Electronics** Electronics with wifi or 3G/4G capabilities are not allowed in the centre - namely phones, Nintendo DS, Playstations etc. Please contact me if you are unsure whether your device fits into this policy or not. They can be taken on the coach but will be put in the safe during the week.
- Kit List** The centre have specialist equipment such as waterproofs and walking boots. Kit list is attached and further information can be found here: www.emmbrook.wokingham.sch.uk/our-school/school-facilities/tirabad-outdoor-centre/
- Sports kit** For this trip your will also need to bring full Emmbrook PE kit including socks and the boys will need astro / studs and shin pads for football.
- Sweets** There were a few problems in the past on a few trips with excessive sweets being brought along on the trip. Please can I ask you to keep an eye on what is being taken. Sweets and drinks are available in the Tirabad shop which is open on 2 evenings during the week.
- Money** There are not many opportunities to spend money, the trip will be stopping at the service station on both legs of the journey and the Tirabad shop will be open for 2 nights. The Tirabad shop sells everything from stationary to 'hoodies'. The latter being the most expensive at £35.
- Twitter** There is a twitter account for the Emmbrook trips to Tirabad, if you are signed up to twitter then please subscribe @emmbrooktirabad. If you haven't signed up you can still access the feed by searching for '@emmbrooktirabad' in google and selecting the top link. Due to the lack of phone signal and internet in Tirabad, the main 'tweets' will be the safe arrival in Tirabad and any changes to the arrival time back at Emmbrook. Please treat any other 'tweets' as an unexpected bonus!

If you have any specific questions or concerns, please feel free to email ekalatzis@emmbrook.wokingham.sch.uk

Many thanks,

Manos Kalatzis – Tirabad Coordinator

IMPORTANT Please could all pupils meet in H1.1, at the start of lunch on Friday 20th of September for a final briefing.