

## Tirabad Outdoor Centre General Kit List

All the items on this list are essential, irrespective of season. It is the responsibility of the parent to ensure that their child is adequately equipped. Safety outdoors starts with basic clothing.

SPECIALIST CLOTHING AND EQUIPMENT ARE PROVIDED BY THE CENTRE. This includes wellington boots, a day sack, waterproof jacket and trousers.

Children may get wet every day but muddy clothes and waterproofs can be dried overnight in the drying room.

Please make sure all clothing is labelled.

### For the Outdoors:

Children need to be wearing 3 warm layers every day e.g. t-shirt, polo neck and fleece. Underwear for each day

5 pairs woollen thick socks (loop lined ski socks are best)

Base layers: 3 warm shirts, long sleeved t-shirts or polo-necked tops, thermals are excellent

Mid layers: 2/3 sweaters – fleeces are best and dry very quickly

3 pairs of tracksuit / shell suit / thick leggings / trousers NO JEANS are allowed for outdoors Set of very old but warm clothes (could be damaged) for caving

Hat, scarf and gloves (thick type e.g. ski gloves)

Old pair of trainers that can get wet if canoeing

Wellington boots if you have them. DO NOT buy any, as the centre does have a limited supply

Drinking vessel or small thermos (for packed lunches during the week)

Lunch boxes are not needed.

### For Indoors:

Sleeping Bag Toiletries

2 bath towels ( one needs to be large enough to change behind when outdoors)

Polythene bag for laundry

Casual Clothes e.g. jeans/sweatshirts

Indoor Shoes: slippers or trainers to keep clean

Nightwear

Pillowcase

Underwear

Socks

### Other Items:

Writing materials

Camera

Book to read

Pocket Games

Watch

Please remember the Kit List is for guidance only, and is not designed to be a shopping list. If you have any concerns please contact the school.