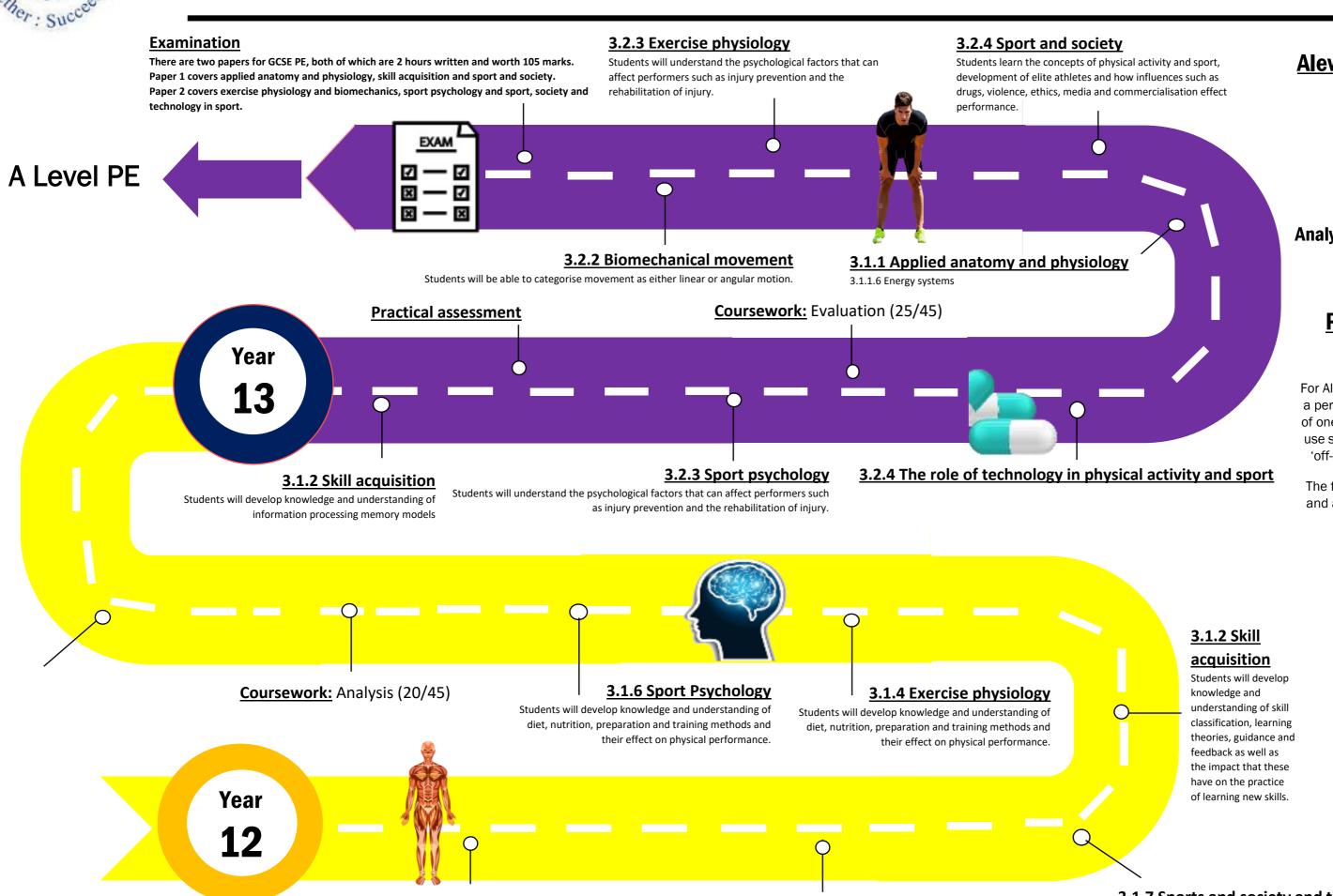


Your Alevel Physical Education

Journey starts here ...

The Emmbrook School Physical Education Journey

ALEVEL PE Curriculum Map



Alevel Physical Education Breakdown

Examination
- 70%

Practical assessment

- 15%

Analyse & evaluate performance (coursework)

- 15%

Practical Assessment (15%)

For Alevel PE, you will be assessed as either a performer or coach in a full sided version of one activity. Your technique and ability to use strategy / tactics will be assessed. Any 'off-site' sports will need video evidence.

The full AQA spec including theory content and a list of available sports can be found by scanning the QR Code below.



Analyse & Evaluate Performance (15%)

You will need to create a piece of coursework to demonstrate your ability to analyse and evaluate your performance or that of a peer/ elire athlete in one sport.

3.1.1 Applied anatomy & physiology 3.1.5 Biomechanical movement

Students will understand the benefits of participating in physical activity to the cardiovascular system, respiratory system and neuromuscular system. They will also analyse the effect of the neuromuscular system in creating movement.

3.1.3 Sport and society

Students will develop their knowledge and understanding of the impact that preindustrial Britain, Industrial revolution and WW2 had on sport. They will also learn and apply sociological theories as to why these changes occurred.

3.1.7 Sports and society and the role of technology