

## **Emmbrook** School

## **Safeguarding Update** September 2023

## Safeguarding Team

Our Safeguarding Team is available to discuss any safeguarding concerns or questions you may have. Our email address is

<u>safeguarding@emmbrook.wokingham.</u> sch.uk.

We also have a dedicated email that students can use to contact us about anything that is worrying them:

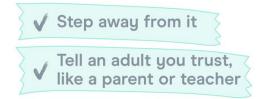




## Keeping Safe Online

Keeping Safe online has been an area of focus over the past few weeks. Students have covered this topic during assemblies and as part of tutor sessions.

The key message that we have given students is that if they see anything online that makes them feel upset, anxious or uncomfortable they should take the following steps:





Below are some pointers that may help when discussing online safety at home.

- 1. Be careful about talking to people you don't know and trust in real life anyone can pretend to be a child online. If you do talk to people you don't know, don't give away personal information such as what street you live on or where you go to school, or share your location with them. Say no to any requests they send you for images or videos of yourself, and stop talking to them.
- 2. Set your profiles to private, to limit what others can see.
- 3. Think carefully about what you share and with who. Once you've shared an image, you've no control over what the other person does with it. Remember, it's **illegal** to take, share or view sexual images of under-18s, full stop.



- 4. Be mindful of your digital footprint. What you post online now could come back to bite you later, like when applying for jobs, college or university.
- 5. If you see something upsetting, or someone bullies you, tell an adult you trust. Report it too.
- 6. When reading news online, ask yourself what the source is, when it was published, and whether it could be a hoax or made up. Read beyond the headline too.
- 7. Remember, people try to make their lives look more exciting and interesting online. There's a lot people can do with photo editing to make their photos look better. So don't assume everything you see is a true-to-life representation.
- 8. Watch out for hoaxes and scams, like messages you're meant to forward on or that ask you for payment details or your password.
- 9. Take any content that seems to glamourise gang lifestyles with a very large pinch of salt it's not as glamourous as it looks. Be wary of schemes promising easy cash for receiving and transferring money too, they're almost definitely criminal activity.
- 10. Watch out for loot boxes or other parts of games where you pay money to take a chance on getting a reward you can get sucked into spending lots of money on them.

Don't feel confident starting a conversation with your child about what they're up to online? Read this advice from the NSPCC: <a href="https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety">https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety</a>

