



Safeguarding Update Term 3.1 2024

Safe behaviours

The safeguarding focus for this half-term has been safe behaviours. At the start of this half-term, all students received an assembly sharing messages around safe behaviour that is appropriate within the school community; we felt this was important to address following some injuries being seen from silly/dangerous behaviour. The key message shared was that everyone is responsible for ensuring that the community is a safe space, both within our school and in the wider community and that demonstrating safe behaviour can prevent accidental injuries to others. We have seen a positive response to this which is great to see.

Mental Health Week

Mental Health Week fell during this half-term (week commencing 13th May) with the theme of 'Movement'. To highlight strategies that can be used and the importance of maintaining good mental health, all students received a wellbeing assembly and a tutor session. They were all encouraged to try some movement strategies in tutor, you may also like to have a go:

<https://www.youtube.com/watch?v=i9FNaiN-IKQ>

<https://www.youtube.com/watch?v=DJt6ORwxKmE>



Online Safety

Navigating social media is always tricky for parents of teenagers, but keeping children safe should always be the priority. Group chats in particular are growing in popularity and can be difficult to filter; we would highly recommend regular discussions with your child about the messages they are receiving and groups that they are a part of.

The following websites give help and advice to parents:

- <https://www.childnet.com/help-and-advice/parents-and-carers>
- NSPCC: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>
- Young Minds: <https://www.youngminds.org.uk/media/nkvbqk20/online-safety-updated-feb-2020.pdf>

These websites offer help and advice to students:

- <https://www.childnet.com/help-and-advice/11-18-year-olds>
- <https://saferinternet.org.uk/>

Change of home circumstances

We appreciate that circumstances in the family home may change on occasion, please do inform us via your child's tutor or year leader if your contact details, home address or living circumstances change.

Equally, if your child will be staying with another adult for a period of time for any reason (e.g. holiday, work commitments etc.) then please do inform us in case of emergency contact being required.

If you would like any more information about any of the issues covered in this bulletin, or have any other queries related to safeguarding, please email safeguarding@emmbrook.wokingham.sch.uk.